Website: www.ninindia.org
Email: petninhyd@yahoo.com

NATIONAL INSTITUTE OF NUTRITION

(Indian Council of Medical Research)
Tarnaka, **HYDERABAD-500 007**

Phone: 040-27197345 Fax: 91-40-27197247

The following publications can be obtained on **pre-payment** by way of DD by post/ Cash in hand from:

The Director,
National Institute of Nutrition,
Tarnaka, **HYDERABAD – 500 007.**

(OR)

The Director General, Indian Council of Medical Research, Ansari Nagar, Post Box No. 4911, **NEW DELHI – 110 029.**

Postage will be payable in addition to the price indicated. If cost of books is sent in advance through Demand Draft, copies will be dispatched by Registered VPP Book Post covering postal charges only and CDs by Regd. VPP post only. Cheque/Postal Orders will not be accepted. The nearest road transport agency name and place may be mentioned.

SI. No.	Name of the Publication	Short Form	*Price (Rs.)	No. of copies	Amount (Rs.)
ENGLISH			1		
1.	Nutrient Requirements and Recommended Dietary Allowances for Indians	RDA	400.00		
2.	Indian Food Composition Tables (Hard bound)	IFCT	350.00		
3.	Nutritive Value of Indian Foods	NVIF	75.00		
4.	Nutrition for Mother and Child	NMC	40.00		
5.	Some Common Indian Recipes and their Nutritive Value	SCIR	50.00		
6.	Low Cost Nutritious Supplements (English)	LCNS (E)	15.00		
7.	Some Therapeutic Diets	STD	20.00		
8.	Menus for Low-Cost Balanced Diets and School Lunch Programmes (Suitable for South Indian)	MSI	20.00		
9.	Menus for Low-Cost Balanced Diets and School Lunch Programmes (Suitable for North Indian)	MNI	15.00		
10.	Fruits	F	40.00		
11.	Count What You Eat	CWYE	40.00		
12.	Dietary Tips for the Elderly	DTE	20.00		
13.	Diet and Diabetes	D&D	50.00		
14.	Diet and Heart Disease	DHD	40.00		
15.	Dietary Guidelines for Indians – A Manual (English)	DGI (M) –E	110.00		
16.	Dietary Guidelines for Indians – A Booklet Hindi Tamil Kannada Urdu	DGI (BL)	10.00		
17.	Dietary Guidelines for Indians – A Booklet (English)	DGI (BL) - E	30.00		
18.	Short Summary of RDA	SSRDA	40.00		
19.	Wizard of Wonder Drugs	WWD	100.00		
20.	NIN 1989-2011: Nine decades of leadership in nutrition research	NDN	100.00		
TELUGU					
	Dietary Guidelines for Indians – A Booklet (Telugu)	DGI (BL) –T	15.00	Out of Stock	(
22.	Dietary Guidelines for Women & Children (Telugu)	DGWC -T	30.00		
23.	Low Cost Nutritious Supplements (Telugu)	LCNS- T	20.00		
	Nutrition & Health CD				
24.	Nutrition & Health (English & Telugu)	NH - ET	75.00	Out of Stock	4
25.	Nutrition & Health (English & Hindi)	NH – EH	75.00	Out of Stock	4
26.	Nutrition & Health (English & Tamil)	NH - ETM	75.00		
27.	Nutrition & Health (English & Bengali)	NH – EB	75.00		
28.	Nutrition & Health (English & Marathi)	NH – EM	75.00	Out of Stock	s

Online transfer: Director, NIN, A/c no: 52020520214, SBI, IFSC: SBIN0020082, NIN Lallaguda, Hyderbad. DD may be obtained in the name of 'Director, National Institute of Nutrition' payable at Hyderabad and can be sent to 'The Director, National Institute of Nutrition, Tarnaka, Hyderabad – 500 007', Telangana. Please write PIN and complete address. * Prices are subject to periodical revision.