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INDIAN COUNCIL OF
MEDICAL RESEARCH

NIN
NATIONAL INSTITUTE
OF NUTRITION

आई सी एम आर - राष्ट्रीय पोषण संस्थान
स्वास्थ्य अनुसंधान विभाग, स्वास्थ्य और परिवार
कल्याण मंत्रालय, भारत सरकार

ICMR – National Institute of Nutrition
Department of Health Research, Ministry of Health
and Family Welfare, Government of India

Date: 12 DEC 2025

LIST OF HOLIDAYS FOR THE YEAR 2026

Sl. No.	Holidays	Date	Day
01	Pongal / Makar Sankranti	January 14	Wednesday
02	Republic Day	January 26	Monday
03	Ugadi	March 19	Thursday
04	Id-UI-Fitr*	March 21	Saturday
05	Mahavir Jayanthi	March 31	Tuesday
06	Good Friday	April 03	Friday
07	Buddha Purnima	May 01	Friday
08	Id-UI-Zuha (Bakrid)*	May 27	Wednesday
09	Muharram*	June 26	Friday
10	Independence Day	August 15	Saturday
11	Milad-Un-Nabi or Id-e-Milad* (Birthday of Prophet Mohammed)	August 26	Wednesday
12	Ganesh Chaturthi / Vinayak Chaturthi	September 14	Monday
13	Mahatma Gandhi's Birthday	October 02	Friday
14	Dussehra	October 20	Tuesday
15	Diwali (Deepavali)	November 08	Sunday
16	Guru Nanak's Birthday	November 24	Tuesday
17	Christmas Day	December 25	Friday

Note:

1. *Subject to change, depending upon the appearance of the Moon.
2. In addition to the above declared holidays, employees may avail any two Restricted Holidays at his/her choice.

Paramashy 12/12
Sr. Administrative Officer



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Date: **12 DEC 2025**

LIST OF RESTRICTED HOLIDAYS FOR THE YEAR 2026

Sl. No.	Holidays	Date	Day
1	New Year's Day	January 01	Thursday
2	Hazarat Ali's Birthday	January 03	Saturday
3	Sri Panchami / Basant Panchami	January 23	Friday
4	Guru Ravi Das's Birthday	February 01	Sunday
5	Birthday of Swami Dayananda Saraswati	February 12	Thursday
6	Maha Shivratri	February 15	Sunday
7	Shivaji Jayati	February 19	Thursday
8	Holika Dahan	March 03	Tuesday
9	Dol Yatra	March 03	Tuesday
10	Holi	March 04	Wednesday
11	Jamat-UI-Vida	March 20	Friday
12	Ram Navami	March 26	Thursday
13	Easter Sunday	April 05	Sunday
14	Meshadi (Tamil New Year's Day)	April 14	Tuesday
15	Vaisakhadi (Bengal) / Bahag Bihu (Assam)	April 15	Wednesday
16	Birthday of Guru Rabindranath Tagore	May 09	Saturday
17	Rath Yatra	July 16	Thursday
18	Parsi New Year's Day / Nauraj	August 15	Saturday
19	Onam or Thiru Onam Day	August 26	Wednesday
20	Raksha Bandhan	August 28	Friday
21	Varalakshmi Vratam	August 28	Friday
22	Janmashtami (Vaishnavi)	September 04	Friday
23	Bathukamma	October 11	Sunday
24	Dussehra (Saptami)	October 18	Sunday
25	Dussehra (Mahashtami)	October 19	Monday
26	Dussehra (Mahanavami)	October 20	Tuesday
27	Maharishi Valmiki's Birthday	October 26	Monday
28	Karaka Chaturthi (Karwa Chouth)	October 29	Thursday
29	Naraka Chaturdasi	November 08	Sunday
30	Govardhan Puja	November 09	Monday
31	Bhai Duj	November 11	Wednesday
32	Pratihar Shashthi or Surya Shashthi (Chhat Puja)	November 15	Sunday
33	Guru Tej Bhahadur's Martyrdom Day	November 24	Tuesday
34	Hazarat Ali's Birthday	December 23	Wednesday
35	Christmas Eve	December 24	Thursday

Note:

- In addition to the above list, the employee may also avail Optional Holidays as per the State Government Holidays list / Restricted Holidays.

Pammy
Sr. Administrative Officer