



Let's Fix Our Food

ICMR-NIN E-Dialogues Series

7th E - Dialogue Series

25th MAY, 2023 | 03.00pm - 05.00pm (IST)

Role of nudges and choice architecture in guiding adolescents towards healthier food choices

SPEAKERS

03:00 to 03:10 pm



Welcome Address Dr. Hemalatha R

Director, ICMR-National Institute of Nutrition (ICMR-NIN), Hyderabad

03:10 to 03:15 pm



Opening Remarks & Overview of LFOF

Dr. SubbaRao M Gavaravarapu
Scientist F & Head, NICHE Div. ICMR-NIN

03:15 to 03:30 pm



Role Of Nudges And Choice Architecture In Guiding Adolescents Towards Healthier Food Choices

Dr. Junofy Anto Rozarina
Behavioural Scientist-Swiggy

03:30 to 03:45 pm



Global Perspective On Behavioral Nudge Interventions To Promote Healthy Eating Among Adolescents

Dr. Mariel Marcano Olivier
Social and Health Psychologist, Birmingham City School of Social Sciences

03:45 to 04:00 pm



Perspective Of The Hotel Industry On Changing The Food Choice Architecture To Develop A Healthier Food Environment For Adolescents

Mr. Akshay Neelakantam
Representative of Federation of Hotel & Restaurant Association of India (FHRI)

PANELLISTS

04:00 to 04:15 pm



Perspective Of Healthy Food Supply Company On The Role Of Food Choice Architecture In Guiding Towards A Healthy Food Environment

Mr. Priyank Jain
Co Founder, Healthy Food Delivery Start-up

04:15 to 04:30 pm



Chef's Perspective On Designing Food Choice Architectures To Build Healthy Food Environment

Mr. Inam
Chef, Hyderabad

04:30 to 04:45 pm



Youth Perspective On The Role Of Healthy Food Nudges And Choice Architecture

Mr. Pratheek Vaidya
Adolescent Youth Leader, VVS Sardar Patel High School, Bangalore

04:45 to 05:00 pm

Q & A session

5 Key take away points
Dr. SubbaRao M Gavaravarapu
ICMR - National Institute of Nutrition, Hyderabad



<https://us02web.zoom.us/j/83356207611>



<https://youtube.com/live/cUC4QfBz4Q?feature=share>