

CONGRATULATIONS



Our Institute has been conferred the prestigious 'POSHAK ANAAJ AWARD 2022' at National NutriCereal Convention organized by Indian Council of Agricultural Research, Indian Institute of Millets Research, Ministry of Agriculture & Farmer's Welfare, Government of India on 25th Sept. Dr. Hemalatha R, Director and Dr. A. Laxmaiah, Scientist G & Head, Division of Public Health Nutrition received the award on behalf of NIN. This award is in recognition of NIN's research in Millets and Nutrition.



On the occasion of the Institute's Foundation Day at ICMR-National Institute of Nutrition, Dr. Hemalatha R, Director presented the Second Tulpule Awards in the Senior category to Dr. N. Arlappa, Scientist F, Division of Public Health Nutrition for his contributions to nutritional and health sciences and in Junior category Dr. Mahesh Kumar Mummadi, Scientist C, Clinical Epidemiology Division for his contribution in the field of Nutrition Research and Public Health on 26th Sept.

SPECIAL EVENT

Dr. Tamilisai Soundararajan, Hon'ble Governor of Telangana & Lt. Governor, Puducherry visited NIN to discuss with the Director & Scientists about tackling malnutrition in Telangana. She proposed a NIN-Obstetricians Workshop, and also a Drumstick (*Moringa*) Recipe Competition to popularise the commonly available nutrient rich food on 19th Sept.



ICMR-NIN 105th FOUNDATION DAY CELEBRATIONS held on 26th Sept. Prof. Vikas Bhatia, Executive Director, AIIMS, Bibinagar was the Chief Guest. The NIN Staff who have completed 25 years of service & pensioners of 75 years of age were felicitated by the Director. A mesmerising traditional Odissi Dance by MSc Student Ms. Akansha was received with applause.



हिंदी सप्ताह समारोह | HINDI WEEK CELEBRATIONS - 2022

Hindi Week Celebrations 2022 was inaugurated by Dr. Hemaltha R, Director, ICMR-NIN, Hindi Samiti President Dr. S. N. Sinha, Scientist - F & Head, Food Safety Division, Scientists, Staff and Students were present in the Assembly hall on September 14.

The week-long celebrations have started from September 14 - 21 to spread the usage and implementation of Hindi Language. The Hindi Samiti has organised many competitions for the staff and the students on the occasion. On the concluding day of 21st September, Dr. Hemalatha, Director, Mrs Parassacti, SAO, Dr. S. N. Sinha and scientists, staff and students have taken part in the celebrations. Earlier, the programme has started with a grand and an exciting cultural programme. All the winners were given away with cash prize and a citation. Lastly the vote of thanks was rendered by Mr. Ramarao, Senior Hindi Officer, followed by National Anthem.



WEBINARS/ MEETINGS ORGANIZED/ PARTICIPATED



Dr. Barbara Häslar, Professor in Agrihealth, Royal Veterinary College along with her team Ms. Caroline and Ms. Linnet's had field trip to Hyderabad on 2nd Sept. to discuss about home environment work stream with NIN staff involved in “**Action Against Stunting Hub**” Project. Also Joined by Dr. Bharati Kulkarni, country PI from ICMR, Delhi. The discussion involved on various aspects of the work including home environment modules, sample reception/ recording/ analysis/ storage and value chain work including a stakeholder workshop.

Dr. HEMALATHA R, Director

- Media interview on a multimedia series on “Recommended Dietary Allowance/Tolerable Upper Limits and the case for it” for Nutral Ingredients Asia - an online B2B Publication on 2nd Sept.
- Meeting of Expert Group to review 'Diet and Biomarkers Survey of India (DABS-I) Study' to discuss regarding increasing of sample size for Hb estimates, organized by ICMR on 2nd Sept.
- First meeting of Search-cum-Selection Committee under National Commission for Allied and Healthcare Professions (NHACP) Act, 2021, to recommend names for appointment of Chairperson, Vice-chairperson and the Secretary of NHACP, organized by the Ministry of Health & Family Welfare on 6th Sept.
- Participated at the Pradhan Mantri TB Mukta Bharat Abhiyaan, launched by the Hon'ble President of India, organized by the Central Tuberculosis Division, Ministry of Health & Family Welfare, New Delhi on 9th Sept.
- Meeting to discuss mutual collaboration between ICMR-NIN and the National Institute of Public Cooperation and Child Development (NIPCCD), organized by NIPCCD, New Delhi on 15th Sept.
- Meeting with officials from PATH, New Delhi to discuss on Rice fortification on 19th Sept.
- Meeting with Joint Secretary, DHR to discuss regarding the study “Comprehensive Mapping of Nutrition and Health and Biomarkers of Population” organized by the Ministry of Health and Family Welfare, New Delhi on 20th Sept.
- Meeting with Dr. Mohana Krishna Reddy, Sr. Pr. Scientist to discuss regarding collaboration under the scheme, “Sophisticated Analytical and Technical Help Institutes (SATHI) in consortium mode” on 20th Sept.
- Delivered an inaugural address of the Confederation of Indian Industry (CII)-TSFOODBIZ 2022 at the conference on “Latest Food Processing Technologies”, organized by CII on 23rd Sept.
- Attended as a member, the meeting regarding development of IEC/BCC material on Breastfeeding, organized by Ministry of Health and Family Welfare, New Delhi on 29th Sept.
- Attended Capital Works Advisory Committee meeting, organized by ICMR on 30th Sept.

Dr. SUBBARAO M GAVARAVARAPU

- Attended the 43rd meeting of Scientific Panel on Labelling & Claims/Advertisements of Food Safety & Standards Authority of India (FSSAI) conducted virtually on 9th Sept.
- Invited as a keynote speaker to deliver a talk on 'Nutrition Communication and Convergence' in the National Nutrition Week Webinar Series organized by the Food Science and Nutrition Department of Shri Vaishnav Vidyapeeth Vishwavidyalaya University, Indore Shri Vaishnav Institute of Home Science on 5th Sept.
- Delivered an invited talk on “Communicating Nutrition for Promoting Women's Health: From rhetoric to reality” in the National Webinar Series 2.0 on Women's Health jointly organised by the Department of Foods and Nutrition, The Maharaja Sayajirao University of Baroda, Nutrition Society of India (Vadodara Chapter), NetProFaN (Vadodara Chapter) and Foods and Nutrition Alumni Association on 12th Sept.
- Attended and chaired a session in the ICMR Southern Regional Communications hub meeting held virtually on 13th Sept.
- Participated in a Live Phone-in programme 'Aharam Arogyam' and responded to the audience queries on Doordarshan Yadagiri (Telugu) TV Channel on 15th Sept.
- Attended a meeting of the Consortium partners of the Let's Fix Our Food Initiative to chalk out the future steps in UNICEF-India country office, New Delhi on 16th Sept.
- Conducted a hybrid meeting with the visiting German Partners and other partner universities as part of the NutriAIDE Project on 19th and 22nd Sept.
- Invited to deliver a talk on 'Effective health and nutrition communication and behaviour change” in the National Webinar on 'Gut to Womb, Mother and Child Nutrition and Health Communication' jointly organised by Sir Vithaldas Thackersey College of Home Science, SNDT Women's University, Mumbai & Nutrition Society of India, Mumbai Chapter on 22nd Sept.
- Invited as a member of the Screening Committee for shortlisting the candidates for the ICMR Health Communication Programme for Scientists and Technical Officers of ICMR Institutes. The meeting was held at Global Health Strategies office, New Delhi on 23rd Sept.

Dr. P. RAGHAVENDRA

- Participated in the "Four day hands-on workshop on Data Analysis using Stata" conducted by Department of Community Medicine and Family Medicine, AIIMS, Bibinagar, Hyderabad from 28th Sept - 1st Oct.

Dr. R. NAVEEN KUMAR

- Invited by Dept. of Microbiology, Bhavans Vivekananda College, Sainikpuri, Hyderabad for the celebration of "International Microorganisms Day" and gave a talk on “Phages and Biofood Preservation” on 28th Sept.

Extension & Training Division of ICMR-National Nutrition Institute has celebrated Poshanmaah2022, National Nutrition Month (NNM) from September 1st to 30th on the theme of “Bacha and Shiksha –Poshan bhi padhai bhi”. It has conducted various nutrition education programs in government schools, Zilla Parishad schools, residential schools for boys and girls and colleges across Telangana state to raise awareness and importance of nutrition, community mobilization and bolstering people's participation for a healthy nation.

Under the NNM program, “chicklets, Nutri-bingo, healthy, non-healthy foods” etc, thought-provoking games such as “lunch box” and ABCD Ladder Quiz organized where students participated with enthusiasm. Besides this, the importance of physical activity and its role in improving body functioning and life style were conveyed interestingly through role plays. More than 3000 students and teachers, including people from the community have participated.

NIN Scientists Mr. J. Sreenivasa Rao, Dr. Ananthan, Dr. Paras Sharma, Dr. Bhaskar Reddy & Dr. Shankar and the faculty of E & T Division and MYAS, Dr. Uma Chitra, Dr. Jharna, Dr. Sujatha, Dr. Chennakeshavulu, Dr. Vahini, Dr. Sree Vennela Rao, Ms. Naga Jyothi, Ms. Shireesha conducted NNM programs at various schools and colleges and tribal areas.

**NATIONAL
NUTRITION
MONTH
CELEBRATIONS
2022**



Team NIN in Barak Valley, Assam to initiate Indian Council of Medical Research funded study in collaboration with Makunda Christian Leprosy & General Hospital, Karimgunj to identify causative factors of Vitamin B1-Thiamine deficiency/ Beriberi. It is worth recalling that NIN started as Beriberi Research unit back in 1918 on 3rd Sept.

Our scientists interacted with women and children and frontline health workers at Appapure tribal village and Mannanure PHC Telangana on 22nd Sept.



An interview with Dr. A. Laxmaiah, Scientist G & Head, Division of Public Health on National programmes and policies and public health nutrition was broadcast on All India Radio News, Hyderabad in Telugu on 27th Sept.



Dr. Bhanuprakash Reddy, Scientist G & Head participated in a live phone-in program on Doordarshan Yadagiri and answered the viewers' questions on NCDs & Nutrition among the elderly on 23rd Sept.



Dr. SubbaRao M. Gavaravarapu, Scientist F & Head, NICHE division shared his views on Adolescent nutrition, Food environment and Food labelling on All India Radio News, Hyderabad in Telugu. He also briefly spoke about Let's Fix Our Food initiative on 27th Sept.



Dr. Raja Sriswan, Scientist D, participated in a special live phone-in programme on Doordarshan Yadagiri & responded to viewers' questions on maternal and child nutrition on 29th Sept.



Scientists from Food Chemistry, Extension & Training and NICHE Divisions have participated in a Rural awareness camp at ShenkarRaju Palle, Mulugu Dist, Telangana as a part of Poshan Maah 2022.

TEACHERS' DAY CELEBRATIONS

Teachers' Day celebrations was organised to honour the teachers by the MSc Course students of ET & MYAS on 5th Sept. Scientists & the Faculty were felicitated by Dr. Hemalatha, Director. A colourful cultural entertainment program was organised to commemorate birthday of Dr. Sarvepalli Radhakrishnan, former President of India.



JOURNAL CLUB

Special Guest Lectures



Prof. Julie Dockrell, Prof. of Psychology & Special Needs, UCL Instt. of Education, Univ. College of London, UK on “Evidence-based practice for oral language in the early years” on 2nd Sept.

Prof. Mark Petrash, Prof. & Vice Chair for Research, Dept. Of Ophthalmology, Univ. Of Colorado School of Medicine, Aurora, US on “Molecular Signalling in Pathogenesis of Cataracts” on 9th Sept.



Dr. Sai Ram Challa, Scientist E (Medical), Clinical Division delivered a talk on “Processed Food Classification: Conceptualisation and Challenges” on 23rd Sept.

Young Mind Idea (YMI) talk

Ms. G. Vennela, M.Sc. Sports Nutrition delivered a talk on “Need of tissue-engineered meat in India - The future meat” on 23rd Sept.



PAPER PUBLISHED/ ACCEPTED FOR PUBLICATION

Naveen Kumar R, Uday Kumar P, Bhaskar V, Sudershan RV, Polasa K, Hemalatha R, Ghosh S. Microbiological hazard identification in selective food products and their association with food safety practices in Hyderabad, India. Indian J Microbiol Res 2022;9(3):1-9.

STAFF NEWS

Congratulations

Ms. KANISHKA UPADHYAY (M.Sc. Applied Nutrition, 2020-22 Batch) abstract on “Obesity and Hormonal Disorders” is selected for an online conference on “International Summit on Hormonal Disorders” which will be held from November 21-22, 2022 at Berlin, Germany.

Retirement

We bid farewell to **Mr. MABBU RAMULU**, Lab Assistant-1 on the eve of his retirement on attaining superannuation.



Bathukamma

Festival of Flowers celebrated with folk songs on nutrition at NIN on 29th Sept.



Mr. Saibaba, Technical Officer B addressing the 56th NIN-Employees Co-operative Credit Society General Body Meeting held on 28th Sept. Dr. Devindra, Scientist D & Mr. Jamaluddin, Section Officer and other members are also seen.

