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INDIAN COUNCIL OF
MEDICAL RESEARCH
NIN
NATIONAL INSTITUTE
OF NUTRITION

रा.पो.सं. मासिक सूचना-पत्र NIN Monthly Newsletter

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Congratulations

Heartiest congratulations to **Dr. Bharati Kulkarni**, Director, ICMR-NIN on receiving the prestigious Kamala Puri Sabharwal Memorial Lecture Award from Lady Irwin College, University of Delhi.



INNOVATOR EXCELLENCE RECOGNITION AWARD

A patent titled "Herbal Formulation for the Treatment of Menopausal Syndrome," developed by ICMR-NIN, received the Innovator Excellence Recognition Award under the Health Research Excellence 2025 category during the Department of Health Research-Indian Council of Medical Research (DHR-ICMR) Conclave. The award was presented by Smt. Anupriya Patel, Hon'ble Minister of State, Ministry of Health and Family Welfare, Government of India.



MEMORANDUM OF UNDERSTANDING

ICMR-NIN signed an MoU with Medciti Institute of Medical Sciences (MIMS) and Society for Health Allied Research and Education India (SHARE INDIA), Ghanpur Village, Medchal, Telangana. The collaboration aims to strengthen academic and research partnerships in nutrition and public health through joint research projects, faculty and student exchange programmes, collaborative workshops and seminars, capacity-building initiatives, and sharing of expertise and research infrastructure (6th November).



57th ANNUAL CONFERENCE OF NUTRITION SOCIETY OF INDIA (NSI)



57th Annual Conference of the Nutrition Society of India (NSI), themed "Suposhit Bharat for a Viksit Bharat – Nutrition Solutions for a Healthier Future," was held from 14–15 November. The Presidential Address was delivered by Dr. Sarath Gopalan, President, NSI. The 37th Dr. S.G. Srikantia Memorial Award Lecture on "Nutrition and Physical Activity: The Critical Link to NCDs in India" was delivered by Dr. R.M. Anjana, Managing Director, Dr. Mohan's Diabetes Specialities Centre and President, Madras Diabetes Research Foundation, Chennai. The 49th Gopalan Oration on "Healthy Indians for Viksit Bharat: Innovations to Reduce CVD Burden among Indians" was delivered by Prof. D. Prabhakaran, Executive Director, Centre for Chronic Disease Control (CCDC), New Delhi. The 12th Dr. B.K. Anand Memorial Award was presented to Dr. Pratibha Dwarkanath, Professor, Division of Nutrition, St. John's Research Institute, Bengaluru. The 16th Dr. Rajammal P. Devadas Memorial Award Lecture on "From Omega-3s to Optimal Nutrition: A Journey in Public Health Nutrition" was delivered by Dr. Shweta Khandelwal, Vice President, Social and Economic Empowerment Practice, IPE Global Limited. The conference concluded with award presentations and cultural programmes.



- A group of scientists, along with Dr. Bharati Kulkarni, Director, ICMR-NIN attended the DHR-ICMR Health Research Summit held at ICMR-NIMR, New Delhi from 13th-14th November.



RECOGNITIONS/PARTICIPATION IN MEETINGS/PROGRAMMES

Dr. BHARATI KULKARNI, Director

- Attended an expert meeting on Gestational Weight Gain with DG-ICMR organized by Division of Reproductive, Child Health and Nutrition, ICMR, New Delhi (4th November).
- Attended an 'inauguration and dissemination workshop of UNNATI Study' at Indore (7th & 8th November).
- Attended a meeting regarding follow-up on collaboration with NIN for Telangana Health Operation organized by World Bank Team (virtual) (10th November).
- Attended a meeting regarding ICMR-ICAR collaborative research on Agriculture Nutrition Interventions under Co-chairmanship of DG - ICMR and DG-ICAR at New Delhi (12th November).
- Attended a meeting regarding collaboration with SAARC-SAU Centre for Precision Nutrition & Health (virtual) (12th November).
- Participated in the DHR-ICMR Health Research Summit at ICMR, New Delhi (13th November).
- Participated in 57th Annual Conference of Nutrition Society of India at ICMR-NIN (14th & 15th November).
- Attended a preparatory meeting regarding Parliamentary Standing Committee on Education, Women, Children, Youth & Sports at New Delhi (17th November).
- Attended a brainstorming meeting on Strengthening Intramural Research Program with NIN Scientists at ICMR-NIN (18th November).
- Participated in a study visit of the Department-related Parliamentary Standing Committee on Education, Women, Children, and Youth & Sports at Taj Banjara Hotel, Hyderabad organized by Parliament of India and presented NIN suggestions for strengthening nutrition programs (20th November).
- Delivered C Ramachandran Memorial Lecture on "Integrated nutrition-specific and nutrition-sensitive interventions for improving nutrition", organized by Nutrition Foundation of India (virtual) (27th November).

Dr. SUBBARAO M GAVARAVARAPU

- Attended an online meeting with Antara Foundation to discuss potential collaboration in implementing the Dietary Guidelines for Indians on Chatbot (17th November).
- Attended Let's Fix Our Food (LFOF) Consortium partners meeting to discuss progress, milestones and the way forward regarding project outcomes vis-a-vis Sugar, Fat and Salt Boards Initiatives, nutrition curricula for school children etc. (virtually) (24th November).
- Contributed to the conduct of the 57th Annual Conference of Nutrition Society of India (NSI) as an Organising Secretary (13th-15th November).
- Invited to chair the roundtable session on "Strategizing Social Media and Other Marketing Approaches" as part of the inaugural Ahmedabad Dialogue organised by Bagchi School of Public Health, University of Ahmedabad (29th November).

Dr. SAMARASIMHA REDDY N & Dr. P. RAGHAVENDRA

- Congratulations on being elected as the Members of National Academy of Medical Sciences (NAMS) India held at the NAMSCON conducted at PGIMER, Chandigarh (7th-9th November).



Dr. PHILIP RAJ ABRAHAM

- Recommended for the "Senior Scientist Award" by the Microbiologists Society, India (MBSI). The Award will be conferred at an International Conference at Jawaharlal Nehru University, Delhi.



Dr. P. RAGHAVENDRA

- Congratulations on being conferred Young Scientist Award at the Annual Conference of Nutrition Society of India conducted at ICMR-NIN, Hyderabad (13th-15th November).

Dr. M. SATHISH KUMAR & Dr. SREENIVASA REDDY

- Participated in Batch IV of the "Mid-career Management Development Program for the Scientists of ICMR" held from 17th to 29th November. It's a 2-week intensive programme for senior ICMR scientists, boosting skills in communication, resource management, strategic leadership, and innovation conducted by Indian Institute of Management Visakhapatnam (IIMV).



150th BIRTH ANNIVERSARY OF BHAGWAN BIRSA MUNDA

In commemoration of 150th Birth Anniversary of Bhagwan Birsa Munda, a special programme was organised on 13th November as part of Janjatiya Gaurav Diwas-2025 for the students of Railway Junior and Degree College, Secunderabad. Dr. J. Sreenivasa Rao, Scientist-F & Head, Food Chemistry and Nutrient Analysis Division of ICMR-NIN highlighted about laddus made with mahua available in plenty in tribal areas. Mahua an accepted and consumed fruit in some tribal communities is rich in iron and can be useful in dealing with iron-deficiency anemia. Dr. Sylvia F Rao, Scientist E along with the staff of ET Division also addressed the students (18th November).



TOBACCO FREE YOUTH CAMPAIGN 3.0

Tobacco Free Youth Campaign (TFYC) 3.0 was conducted as a part of outreach programme. Dr. CS Surya Goud, Scientist C, PHN delivered an awareness lecture on ill-effects of tobacco to the students at Railway Junior College, Secunderabad. Dr. P. Sreenu, TO-B, Shashi Kumar, TA and Vamsi Krishna, TA of ET Division conducted a quiz on tobacco and health awareness. T-shirts and Posters were distributed to the quiz winners (21st November).



PAPER PUBLISHED/ACCEPTED FOR PUBLICATION

- Yadav S, Konapur A, Mokalla TR, Gavaravarapu SM*. Development and Validation of an Indian Nutrition and Food Literacy Tool (INFOLIT) for adolescents. Frontiers in Nutrition. 2025 Nov 13;12:1626673. doi: 10.3389/fnut.2025.1626673. PMID: 41340664; PMCID: PMC12671486.