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INDIAN COUNCIL OF
MEDICAL RESEARCH
NIN
NATIONAL INSTITUTE
OF NUTRITION

आई.सी.एम.आर.-एन.आई.एन. मासिक सूचना पत्र ICMR-NIN Monthly Newsletter

संपादक: डॉ. एम. महेश्वर

जुलाई 2026

Vol. 63 No: 7

Editor: Dr. M. Maheshwar

July 2026

ICMR-NIN AND NATFIRST SIGN MoU

ICMR-NIN signed a non-financial MoU with NatFirst, the recipient of the prestigious INFUSE (Innovations in Nutrition & Food for Unified Solutions and Empowerment) Promising Innovation Award at the Institute's December 2025 Nutrition Innovation Summit.

The partnership will focus on research, knowledge development, and public health communication related to food labelling, packaged foods, ultra-processed foods, ingredient databases, and consumer awareness. The collaboration will also explore innovative digital tools to strengthen food literacy and informed food choices. Together, the organizations look forward to leveraging science and technology to promote better nutrition and public health. Dr. Bharati Kulkarni, Director, ICMR-NIN, along with a team of scientists of the Institute, was present on the occasion to mark this significant partnership (8th June).



NATIONAL WEBINAR ON BALANCED EDIBLE OIL CONSUMPTION

ICMR-NIN co-led a national webinar in collaboration with the Deendayal Antyodaya Yojana - National Rural Livelihoods Mission (DAY-NRLM) on "Balanced Oil Consumption for a Healthy Heart & Healthy Life."

The session conducted by Dr. SubbaRao M. Gavaravarapu, Scientist-G & HoD, NICHE Division, highlighted evidence-based guidance on healthy edible oil use and safe household cooking practices, reaching ministry officials and nearly 10 lakh Self-Help Group (SHG) members across the country (3rd June).



12th INTERNATIONAL DAY OF YOGA CELEBRATIONS AT ICMR-NIN

ICMR-NIN celebrated the 12th International Day of Yoga with enthusiastic participation at its campus. Centered on this year's theme, "Yoga for Healthy Ageing," the event underscored the profound importance of yoga in fostering healthy longevity, active lifestyles, and an enhanced quality of life across all age groups. The programme commenced with a warm welcome by Dr. Naveen Kumar R, PTO, Microbiology Division, followed by an inspiring address from Dr. Bharati Kulkarni, Director, ICMR-NIN.

The Common Yoga Protocol session was led by Mr. Rudresh Singh and Ms. Ananya, drawing around 200 participants, including scientists, staff, students, and trainees, all reaffirming the institute's commitment to promoting holistic health and well-being through yoga (22nd June).



RECOGNITIONS/PARTICIPATION IN MEETINGS/PROGRAMMES

Dr. BHARATI KULKARNI, Director

- Attended a virtual meeting for first advisory committee for Adaptation of National Guidelines on Responsible Business Conduct for the Food and Beverage Sector organized by Indian Institute of Corporate Affairs (4th June).
- Attended a Senior Management Team (SMT) Meeting chaired by DG- ICMR & Secretary-DHR (10th June).
- Attended a meeting regarding Parliamentary Standing Committee on Consumer Affairs, Food and Public Distribution at Extension to Parliament House, New Delhi organized by Department of Food and Public Distribution (DFPD) under the Ministry of Consumer Affairs, Food and Public Distribution (15th June).
- Chaired a meeting to discuss the Brainstorming session on Priority Research Projects with NIN Scientists (17th–19th June).
- Attended a virtual Meeting regarding Technical Advisory Group for the Learning Initiative for Vitamin A and Vitamin D Fortification Project in India organized by PGIMER, Chandigarh (19th June).
- Participated in a meeting with Directors of ICMR Institutes under the chairperson-ship of the Director General, ICMR and Secretary, Department of Health Research at ICMR Head Quarters (23rd–24th June).

Dr. SUBBARAO M GAVARAVARAPU

- Selected to the Board of Studies in Nutrition, Faculty of Science, Osmania University.
- Selected as a member of the Nodal team for MRHRU, Chandragiri.
- Invited as a resource person to address the Officer Trainees (OTs) of Indian Economic Service (IES) Batch-2026 on Current Challenges in Nutrition in the Training Programme on Rural Development: Issues, Challenges, Interventions and Impacts conducted by The Centre for Entrepreneurship Development & Financial Inclusion (CEDFI), New Delhi at National Institute of Rural Development and Panchayat Raj (NIRDPR), Hyderabad (2nd June).
- Participated in a meeting at the Centre for Good Governance (CGG), Hyderabad, with NITI Aayog on a joint programme for identifying viable and future-ready strategies for Integrated Child Development Services (ICDS) for the next 25 years (4th June).
- Invited as a co-chair of the Review Committee for the Annual Progress Review of Small Grants, Delivery Division, ICMR (12th June).
- Attended the 154th DHR-International Travel Grant (TG-154) Review Meeting online (16th June).
- Attended a meeting of National Health Research Priority (NHRP) project, "Strategies for Enhanced Population Engagement and Health Care Seeking for Prevention and Control of Hypertension and Diabetes in India- STEPS India Project", held at New Delhi (16th-17th June).
- Participated in the Novo Nordisk Foundation Global Science Summit 2026, held at Korge, Copenhagen, Denmark and also presented on "The behavioural ripple effects of school meals relevant to NCD risk" in a side event on "What's the role of school meal programmes in the prevention of cardiometabolic disease?" (24th June).
- Attended 58th meeting of the Scientific Committee of Food Safety and Standards Authority of India (FSSAI) (29th June).



Dr. SANJAY BASAK

- Ranked among the world's top 5% scientists in the 2025 SciRank Global Registry (Global Scientist Index), based on rigorous bibliometric analysis.

Dr. NAVEEN KUMAR R

- Participated in and answered audience queries in Telugu during a live phone-in programme of All India Radio-Akashvani FM, Hyderabad on 'Problems on unsafe food & measures to ensure food safety,' as part of World Food Safety Day (7th June).



PAPER PUBLISHED/ACCEPTED FOR PUBLICATION

- V Vepakomma, K Ramanujam, KK Angadi, S Tattari, F Mangialasche, M Kivipelto, V Suryadevara, GB Reddy. Association of micronutrient levels with dementia risk in adults in Telangana, India: A cross-sectional study (2023- 2024). Lancet Regional Health-Southeast Asia. 2026; 50: 100794.
- Konapur A, Krishnapillai MN, Kulkarni B, Nagalla B, Gavaravarapu SM. Evaluation of a context-specific diet diversity score (DDS) for predicting micronutrient adequacy in 6-10-year-old rural Indian children. European journal of clinical nutrition.//doi.org/ 10.1038/s41430-026-01779-2

Newspaper (Op-ED)

- SubbaRao M Gavaravarapu, Bharati Kulkarni. How Schools can tackle adolescent malnutrition. The Hindu, OpEd 29th June, 2026. <https://www.thehindu.com/opinion/op-ed/how-schools-can-tackle-adolescent-malnutrition/article71158793.ece>