

रा.पो.सं. मासिक सूचना-पत्र NIN Monthly Newsletter

संपादकः डॉ. एम. महेश्वर

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Editor: Dr. M. Maheshwar

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ROZGAR MELA

ICMR-NIN recruited 12 numbers of staff against various posts. The appointment letters for these posts were handed over to the candidates on Rozgar Mela in Dasarathi Auditorium, Dr. MCR HRD Institute of Telangana, Jublilee Hills (26th April).



Shri Bandi Sanjay Kumar, Minister of State for Home Affairs graced the occasion and handed over appointment letters to newly recruited staff. ICMR-NIN Nodal Officer Mr. Mohammed Ilyas, i/c A.O coordinated the event.

YOUTH LEADERS CONCLAVE FOR A BETTER EARTH

Youth Leaders Conclave for a Better Earth, organized by Centre for Green Revolution, Kadthal Mandal, Ranga Reddy district, Telangana on 19th April. Posters on Nutrition awareness were displayed in the exclusive stall of the exhibition organized as part of the conclave. The exhibits/posters drew attention and appreciation from visitors, experts, faculty and students from various institutes/colleges of Telangana at the conclave. More than thousand students and delegates visited the conclave.

Dr. M. Maheshwar, Scientist F & HoD, Extension & Training Division, Faculty of MYAS, Dr. V. Chennakeshavalu, Dr. D. E. Ragini along with students of M.Sc., N. Sahana, U. Jahanavi, K. Aditi & M. Rahul took part in the event.



RECOGNITIONS/PARTICIPATION IN MEETINGS/PROGRAMMES

Dr. BHARATI KULKARNI, DIRECTOR

- Attended a meeting with Dr. V. K. Paul, NITI Aayog on Regulation of Sugar, salt and fat in ultra-processed food in India (Virtual) (1st April).
- Attended a meeting with Ms. Pritee Chaudhary, IRS (Indian Revenue Service Officer) to discuss Collaboration on Health & Nutrition (3rd April).
- Chaired a consultation meeting for strengthening TB-Nutrition research organized by ICMR in collaboration with the Gates Foundation (7th & 8th April).
- Invited as a Panellist for the Civil Services Day (CSD) organized by Secretary, Department of Administrative Reforms & Public Grievances, New Delhi (21st April).
- Chaired a consultation meeting on Data Alliance for Nutrition in India (virtual) (24th April).

Dr. N. ARLAPPA, Dr. SUBBA RAO M. GAVARAVARAPU, Dr. P. RAGHAVENDRA & Dr. M. VISHNUVARDHANA RAO

Conducted a Continued Medical Education (CME) Programme at ASRAM Medical College, Eluru on 4th April.
The theme for CME was "Public Health Nutrition" and the topics included: Assessment of Nutritional Status,
Dietary Guidelines for Indians, Bio-statistics in Nutrition, Dietary Interventions in Chronic Diseases, etc. The
CME was attended by nearly 250 medical graduate and postgraduate students and staff from across the
state.

Dr. SUBBA RAO M. GAVARAVARAPU

- Invited as an Expert Committee/Working Group Member to the meeting chaired by Dr. V.K. Paul, Hon'ble Member (Health), NITI Aayog, on the "Regulation of Sugar, Salt, and Fat in Ultra-Processed Foods in India", held in NITI Aayog, New Delhi on (1st April).
- Delivered a talk on the 'Concept, context, and considerations of the Dietary Guidelines for Indians" in the Continuing Medical Education Programme on Public Health Nutrition" at Alluri Sitarama Raju Academy of Medical Sciences (ASRAM), Eluru, Andhra Pradesh (5th April).
- Attended a virtual meeting of the FSSAI Working Group for defining High Fat, Sugar and Salt Foods (HFSS) constituted by Food Safety and Standards Authority of India (FSSAI) (16th April).
- Participated as an Advisory Board Member in a virtual meeting organised by Partnerships for Impact (P4i) that focussed on the topic, "Improving Nutrition Outcomes; India's Blueprint for the Global South" (16th April).
- Attended a virtual meeting with the CEO, FSSAI on regarding the current scenario of Front-of-Pack Nutrition Labelling (FOPL) in India (21stApril).
- Participated in a meeting as a member of the Advisory Board of The Akshaya Patra Foundation (22nd April).
- Attended a meeting with the CEO of FSSAI to discuss the current scenario of Front-of-Pack Nutrition Labelling (FOPL) in India in FDA Bhawan, New Delhi (25th April).
- Invited to contribute to the 8th Research Symposium of the Public Health Foundation of India (PHFI). As part of the event, a dedicated session on Let's Fix Our Food (LFOF) was included, delivered a talk on, "Malnutrition in India: E-Dialogues as a Tool to Foster a Healthy Food Environment," and participated as a panellist in a discussion. The event was held at the PHD Chamber of Commerce and Industry, New Delhi (25th April).
- Participated as a panellist in the session titled "Leveraging Global Tools to Foster Healthy School Food Environments and Holistic Well-being at the Regional and National Level," held under the Let's Fix Our Food initiative at the World Health Summit Regional Meeting 2025, in Bharat Mandapam, New Delhi (27th April).
- Attended a virtual meeting by FSSAI focussed on the Food Safety and Standards (Organic Foods) Regulations, 2017 (29th April).

Dr. R. NAVEEN KUMAR

• Attended the 6th Food Microbiology Sectional Committee meeting of BIS-FAD-31 (Bureau of Indian Standards, New Delhi) virtually (11th April).

JOURNAL CLUB



Dr. V. SUDHAKAR REDDY, Scientist-C, Biochemistry Division delivered a lecture on "Understanding the Metabolic Heterogeneity of Obesity and Metabolic Dysfunction Phenotypes" (11th April).



Dr. A. SHABNA, Scientist-B, Dept of Endocrinology delivered a lecture on "Time-Restricted Eating" (11th April).

PAPER PUBLISHED/ACCEPTED FOR PUBLICATION

- Annapurna Reddy A., Vimala Y., Sreenivasa Rao J.*, Goudar Giridhar and Manne Munikumar. Effect of thermal
 processing on carotenoids compared among organic and conventional vegetables. Research Journal of
 Chemistry and Environment. Vol. 29 (5) May Page: 27-35, (2025)
- Sahil Bipinkumar Suthar · M. R. Deepthi · Manne Munikumar · K. Preethi · P. Sriya Reddy· Giridhar Goudar and J. Sreenivasa Rao. Nutritional composition and in vitro bioaccessibility of minerals in the developed composite flours from Teff millet (Eragrostis tef) & guava leaves (Psidium guajava). Discover Foods. Published online. 2nd April 2025.
- P Savitikadi, L Dash, KK Angadi, GB Reddy, VS Reddy. Systemically administered mini α-crystallin peptide delays cataract progression in streptozotocin-induced diabetic rats. Biochim Biophys Acta (Gen Sub). 2025 Apr 26:130814. doi: 10.1016/j.bbagen.2025.130814
- U Suryavanshi, M Nagaraju, ACT Mallu, GB Reddy, VS Reddy. Vitamin B12 supplementation attenuates ER stress and neuronal cell death in the cortex of high-fat- high-sucrose fed male mice. Nutrition, April 2025, 112808; DOI: https://doi.org/10.1016/j.nut.2025.112808

व्यथा का निवारण के लिए अभ्यावेदन की भाषाएं:

Languages to be used in the representation for redressal of grievance:

अनुच्छेद 350: किसी शिकायत के निवारण के लिए संघ या राज्य के किसी पदाधिकारी को, यथास्थिति, संघ में या राज्य में प्रयोग होने वाली किसी भाषा में अभ्यावेदन देने का,प्रत्येक व्यक्ति को हक होगा.

Article 350: Every person shall be entitled to submit a representation for the redressal of any grievance to any officer or authority of the Union or a State in any of the languages used in the Union on in the State, as the case may be.

A few English words and their Hindi equivalents

Breach of agreement करार भंग विश्वास भंग Breach of confidence संविदा भंग अनुशासन भंग Breach of contract Breach of discipline विधि भंग Breach of law शांति भंग Breach of peace विशेषाधिकार भंग वचन भंग Breach of privilege Breach of promise नियम भंग विश्वास भंग **Breach of Rule** Breach of trust

- सफाई अपनाएं बीमारी हटाएं
- सभी रोगों की एक दवाई घर घर में रखो सफाई
- Clean India Beautiful India
- Cleanliness should not be foreseen for it brings hygiene

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